KLEBERG COUNTY
TEXAS

ORDER OF COUNTY JUDGE RUDY MADRID
REGARDING HEALTH AND SAFETY POLICY AND FACE COVERINGS
ISSUED JUNE 22, 2020

WHEREAS, pursuant to Texas Government Code Section 418.108, Kleberg County Judge Rudy Madrid issued a Declaration of Local Disaster for Public Health Emergency on March 16, 2020, due to a novel coronavirus now designated SARS-CoV2 which causes the disease COVID-19; and

WHEREAS, the Declaration of Local Disaster for Public Health Emergency has been continued several times with the consent of the Kleberg County Commissioners Court; and

WHEREAS, on March 24, 2020, the World Health Organization indicated that the United States has the potential to become the center of COVID-19 pandemic; and

WHEREAS, on May 12, 2020, Texas Governor Greg Abbott issued a proclamation renewing the Disaster Declaration for all counties in Texas in accordance with Section 418.014 of the Texas Government Code; and

WHEREAS, the COVID-19 virus is contagious and spreads through person-to-person contact, especially in group settings; and

WHEREAS, the transmission of COVID-19 has not dissipated but remains a significant threat to the health and safety of the Kleberg County community and rates of infection are increasing at an alarming exponential rate and the number of people ending up in the hospital, ICU, or on ventilators is also dramatically rising despite efforts by local authorities to control the spread; and

WHEREAS, the County Judge acts as the emergency management director for the county and serves as the Governor's designated agent in the administration and supervision of duties during a state of emergency declared by the Governor in accordance with Section 418.1015(a) and (b) of the Texas Government Code; and

WHEREAS, the County Judge serving as the Governor's designated agent in the administration and supervisions of duties during a state of emergency declared by the Governor, "may exercise the powers granted to the governor under this chapter on an appropriate local scale" in accordance with Section 418.1015(b) of the Texas Government Code; and

WHEREAS, the County Judge has determined that extraordinary emergency measures must be taken to try and mitigate the effects of this public health emergency and to facilitate a response to the public health threat; and

WHEREAS, it is the intent of this Executive Order to remain as consistent with and to harmonize, to the extent possible, the executive orders of Texas Governor Greg Abbott, as extended or modified; and

WHEREAS, by the authority vested in me as Kleberg County Judge and as the Emergency Management Director for Kleberg County to continue to protect the health and safety of the community and address developing and rapidly changing circumstances when presented by the current public health emergency, I issue this Executive Order to protect the lives, health, welfare and safety of the County's residents from the devastating impacts of this pandemic.

NOW THEREFORE, I, COUNTY JUDGE RUDY MADRID FOR KLEBERG COUNTY, TEXAS, PURSUANT TO THE AUTHORITY VESTED BY TEXAS GOVERNMENT CODE CHAPTER 418, HEREBY FIND AND ORDER:

That this findings and recitations set out in the preamble to this Order are found to be true and correct and they are hereby adopted by the County Judge and made a part hereof for all purposes.

Effective as of 11:59 p.m. on June 22, 2020, ("**Effective Date**") and continuing until 11:59 p.m. on July 2, 2020, unless extended, modified, or terminated early by Kleberg County Judge Rudy Madrid:

1. **Public Health Emergency.** This Executive Order shall incorporate and adopt the most recent executive order GA-26 issued by Texas Governor Greg Abbott on June 3, 2020, and any subsequent orders by the Governor relating to the expanded opening in Texas in response to the COVID-19 disaster.

2. **Health and Safety Policy – Commercial Entities.** From the Effective Date of this Order, all commercial entities in Kleberg County providing goods and services directly to the public must develop and implement a health and safety policy ("Health and Safety Policy"). The Health and Safety Policy must require, at a minimum, that all employees or visitors to the commercial entity's business premises or other facilities wear face coverings when in an area or while performing an activity which will necessarily involve close contact or proximity to co-workers or the public where six feet of separation is not feasible. The Health and Safety Policy required to be developed and implemented by this

Order may also include the implementation of other mitigating measures designed to control or reduce the transmission of COVID-19 such as temperature checks or health screenings. COMMERCIAL ENTITIES MUST POST THE HEALTH AND SAFETY POLICY REQUIRED BY THIS ORDER IN A CONSPICUOUS LOCATION SUFFICIENT TO PROVIDE NOTICE TO EMPLOYEES AND VISITORS OF ALL HEALTH AND SAFETY REQUIREMENTS.

3. **Face Coverings – General Public.** All people 10 years or older shall wear a face covering over their nose and mouth when in a public place where it is difficult to keep six (6) feet away from other people or working in areas that involve close proximity with other coworkers. The Centers for Disease Control and Prevention ("CDC") advises face covering for people 2 years or older. Face coverings may include homemade masks, scarfs, bandanas, or a handkerchief. Kleberg County residents should continue to maintain social distancing of at least six feet while outside their homes. Kleberg County employees are also required to wear face coverings under the same circumstances as the general public.

IT IS STRONGLY RECOMMENDED THAT YOU NOT OBTAIN OR WEAR MEDICAL MASKS OR N-95 RESPIRATORS AS THEY ARE A NEEDED RESOURCE FOR HEALTH CARE PROVIDERS AND FIRST RESPONDERS. Our healthcare workers and first responders on the front-line combating COVID-19 must have priority access to medical masks or other personal protective equipment. Face coverings do not need to be worn in the following circumstances provided that the Governor's minimum standard protocols and social distancing measures are followed:

- When exercising outside, engaging in physical activity outside, or inside a work out facility;
- While driving alone or with passengers who are part of the same household as the driver;
- When doing so poses a greater mental or physical health, safety, or security risk;
- While pumping gas or operating outdoor equipment;
- While in a building or activity that requires security surveillance or screening, for example, banks; or
- When consuming food or drink, for example, when inside a restaurant, in a drive-thru, or other beverage and dining facilities.

Please note that face coverings are a secondary strategy to other mitigating efforts. FACE COVERINGS ARE NOT A REPLACEMENT FOR SOCIAL DISTANCING, FREQUENT

HANDWASHING, AND SELF-ISOLATION WHEN SICK. All people should follow CDC recommendations for how to wear and take off a mask. Residents should keep up the following habits while in public:

- Washing hands before you leave home and when you return;
- Staying at least six feet away from others;
- Avoid touching nose or face;
- Not using disposable masks more than three times; and
- Washing reusable cloth masks regularly to prevent the spread of the virus.

CONSISTENT WITH TEXAS GOVERNOR'S EXECUTIVE ORDER GA-26, NO CIVIL OR CRIMINAL PENALTY WILL BE IMPOSED ON INDIVIDUALS FOR FAILURE TO WEAR A FACE COVERING.

4. **Severability.** If any subsection, sentence, clause, phrase, or word of this Order or any application of it to any person, structure, or circumstance is held to be invalid or unconstitutional by a decision of a court of competent jurisdiction, then such decision will not affect the validity of the remaining portions or applications of this Order.

5. **Interpretation and Additional Terms.** To the greatest extent possible, this Executive Order shall be interpreted as consistent with and supplemental to any executive order issued by the Texas Governor. All provisions of the executive orders of the Texas Governor either existing or as, if and when issued, which are made applicable to all jurisdictions by law shall be automatically incorporated into and constitute terms of this Executive Order, enforceable as if set forth herein without necessity for the issuance of further orders.

6. **Enforcement.** Excepting Section 3 of this Executive Order and in accordance with the limitation contained in the executive orders of Texas Governor Greg Abbott, any peace officer or other person with lawful authority is hereby authorized to enforce the provisions of this Executive Order in accordance with the authority granted under the Texas Disaster Act of 1975.

ORDERED this 22nd day of June, 2020

RUDY MADRID
KLEBERG COUNTY JUDGE

COUNTY of KLEBERG

For Immediate Release

June 23, 2020 2:00 PM

Contact: Janine Reyes, City of Kingsville EOC PIO

Kleberg County & City of Kingsville Confirm Three Additional COVID-19 Cases and Will Begin to Enforce Face Coverings in Local Establishments

KINGSVILLE, TX – Kleberg County Judge Rudy Madrid and the City of Kingsville Mayor Sam Fugate received confirmation from the Texas Department of State Health Services, Region 11 of three additional confirmed COVID-19 cases in Kleberg County.

The newly confirmed novel coronavirus cases raise our cumulative count in Kleberg County to 32. Our active confirmed COVID-19 case count is now at thirteen. The confirmed cases reported today involves a woman in her 50's, a woman in her 20's and a man in his 50's. Region 11 is no longer reporting transmission type, but they are reporting pervasive community spread of COVID-19 in our region. All individuals confirmed with active cases right now are in isolation and will continue to be monitored by Region 11.

The Texas Department of State Health Services is now working in partnership with all identified individuals to conduct contact tracing to limit further transmission. If any community members had contact with these individuals, they will be directly notified by Region 11 Department of State Health Services personnel.

There have been **32 confirmed cases** of novel coronavirus in Kleberg County and **two probable cases**. All COVID-19 cases confirmed to date in our community are:

- March 27, 2020: A man in his 50's, travel related. Died of COVID-19 complications April 13, 2020.
- April 3, 2020: A man in his 80's, community spread; had contact with out of town visitors.
- April 15, 2020: A woman in her 30's, community spread; had contact with out of town visitors.
- April 16, 2020: A woman in her 60's, community spread; had contact with out of town visitors.
- April 16, 2020: A man in his 60's, community spread.
- April 18, 2020: A woman in her 40's, travel related.

- April 21, 2020: A woman in her 20's, travel related.
- April 24, 2020: A woman in her 30's, community spread.
- April 30, 2020: A man in his 30's, community spread.
- MAY 1, 2020: A man in his 30's, community spread.
- May 9, 2020: A woman in her 40's, under investigation.
- May 14, 2020: A man in his 50's, close contact with a positive case.
- May 15, 2020: A woman in her 20's, close contact with a positive case.
- May 15:2020: A woman in her 20's, community spread.
- May 15, 2020: PROBABLE CASE, a man in his 50's, close contact with a positive case.
- May 15, 2020: PROBABLE CASE, a woman in her 60's, close contact with a positive case.
- May 21, 2020: A man in his 20's, close contact with a positive case.
- May 25, 2020: A woman in her 70's, community spread.
- June 1, 2020: A man in his 30's, community spread.
- June 5, 2020: A man in his 20's, travel related.
- June 8, 2020: A man in his 20's, close contact with a positive case.
- June 9, 2020: A man in his 60's, close contact with a positive case.
- June 17, 2020: A man in his 20's.
- June 17, 2020: A woman in her 50's.
- June 17, 2020: A man in his 20's.
- June 18, 2020: A man in his 50's.
- June 19, 2020: A man in his 20's.
- June 20, 2020: A woman in her 20's.
- June 20, 2020: A man in his 30's.
- June 21, 2020: A woman in her 50's.
- June 21, 2020: A man in his 40's.
- June 23, 2020: A woman in her 50's.
- June 23, 2020: A woman in her 20's.
- June 23, 2020: A man in his 50's.

The Texas Military Department is working to confirm a date for free COVID-19 testing in Kingsville at the JK Northway Expo Center. Free COVID-19 testing is available Wednesday, June 24th in Bishop from 9 a.m. to 1 p.m. at 102 W. Joyce Street. No appointment is needed at any of these testing sites.

Kleberg County leaders and the City of Kingsville are now requiring businesses to enforce masks. Businesses can find the orders and signage on city and county websites. County and City facilities remain open to the public and masks are required for entry. Parks run by both entities remain open with safety restrictions in place.

You may get the most up-to-date and accurate information on the official Kleberg County Facebook page @KlebergCountyCC and the official City of Kingsville Facebook page.

Media may direct inquiries to Janine Reyes, City of Kingsville EOC PIO at (361) 455-5946.

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COUNTY of KLEBERG

Para la liberación inmediata

23 de junio de 2020 2:00 PM

Contacto: Janine Reyes, Ciudad de Kingsville EOC PIO

El condado de Kleberg y la ciudad de Kingsville confirman tres casos COVID-19 adicionales y comenzarán a hacer cumplir las coberturas faciales en los establecimientos locales

KINGSVILLE, TX – El juez del condado de Kleberg Rudy Madrid y el alcalde de la ciudad de Kingsville Sam Fugate recibieron confirmación del Departamento de Servicios de Salud del Estado de Tejas, Región 11 de tres casos COVID-19 confirmados adicionales en el condado de Kleberg.

Los nuevos casos de coronavirus recientemente confirmados elevan nuestro recuento acumulado en el condado de Kleberg a 32. Nuestro recuento de casos COVID-19 confirmado activo está ahora en trece. Los casos confirmados reportados hoy involucran a una mujer de unos 50 años, una mujer de unos 20 y un hombre de unos 50 años. La Región 11 ya no está reportando el tipo de transmisión, pero están reportando una expansión generalizada de la comunidad de COVID-19 en nuestra región. Todas las personas confirmadas con casos activos en este momento están aisladas y seguirán siendo monitoreadas por la Región 11.

El Departamento de Servicios de Salud del Estado de Tejas ahora está trabajando en asociación con todas las personas identificadas para llevar a cabo el rastreo de contactos para limitar la transmisión. Si algún miembro de la comunidad tuvo contacto con estas personas, será notificado directamente por el personal del Departamento de Servicios de Salud de la Región 11.

Se han **confirmado 32 casos** de coronavirus nuevos en el condado de Kleberg y **dos casos probables**. Todos los casos COVID-19 confirmados hasta la fecha en nuestra comunidad son:

- 27 de marzo de 2020: Un hombre de unos 50 años, relacionado con los viajes. Murió de complicaciones DE COVID-19 el 13 de abril de 2020.
- 3 de abril de 2020: Un hombre de unos 80 años, se extendió la comunidad; tuvo contacto con los visitantes de fuera de la ciudad.
- 15 de abril de 2020: Una mujer de unos 30 años, separación comunitaria; tuvo contacto con los visitantes de fuera de la ciudad.
- 16 de abril de 2020: Una mujer de unos 60 años, separación comunitaria; tuvo contacto con los visitantes de fuera de la ciudad.
- 16 de abril de 2020: Un hombre de unos 60 años, con separación comunitaria.
- 18 de abril de 2020: Una mujer de unos 40 años, relacionada con viajes.
- 21 de abril de 2020: Una mujer de unos 20 años, relacionada con los viajes.
- 24 de abril de 2020: Una mujer de unos 30 años, con separación comunitaria.
- 30 de abril de 2020: Un hombre de unos 30 años, con separación comunitaria.
- 1 de mayo de 2020: Un hombre de unos 30 años, con separación comunitaria.

- 9 de mayo de 2020: Una mujer de unos 40 años, bajo investigación.
- 14 de mayo de 2020: Un hombre de unos 50 años, contacto cercano con un caso positivo.
- 15 de mayo de 2020: Una mujer de unos 20 años, contacto cercano con un caso positivo.
- 15 de mayo de 2020: Una mujer de unos 20 años, con separación comunitaria.
- 15 de mayo de 2020: CASO PROBABLE, un hombre de unos 50 años, contacto cercano con un caso positivo.
- 15 de mayo de 2020: CASO PROBABLE, una mujer de unos 60 años, contacto cercano con un caso positivo.
- 21 de mayo de 2020: Un hombre de 20 años, contacto cercano con un caso positivo.
- 25 de mayo de 2020: Una mujer de unos 70 años, con separación comunitaria.
- 1 de junio de 2020: Un hombre de unos 30 años, con separación comunitaria.
- 5 de junio 2020: Un hombre de unos 20 años, relacionada con viajes.
- 8 de junio de 2020: Un hombre de unos 20 años, en contacto cercano con un caso positivo.
- 9 de junio de 2020: Un hombre de unos 60 años, en contacto cercano con un caso positivo.
- 17 de junio de 2020: Un hombre de unos 20 años.
- 17 de junio de 2020: Una mujer de unos 50 años.
- 17 de junio de 2020: Un hombre de unos 20 años.
- 18 de junio de 2020: Un hombre de unos 50 años
- 19 de junio de 2020; Un hombre de unos 20 años.
- 20 de junio de 2020: Una mujer de unos 20 años.
- 20 de junio de 2020: Un hombre de unos 30 años.
- 21 de junio de 2020: Una mujer de unos 50 años.
- 21 de junio de 2020: Un hombre de unos 40 años.
- 23 de junio de 2020: Una mujer de unos 50 años.
- 23 de junio de 2020: Una mujer de unos 20 años.
- 23 de junio de 2020: Un hombre de unos 50 años.

El Departamento Militar de Tejas está trabajando para confirmar una fecha para las pruebas COVID-19 gratuitas en Kingsville en el JK Northway Expo Center. Las pruebas COVID-19 gratuitas están disponibles el miércoles 24 de junio en Bishop de 9 a.m. a 1 p.m. a 102 W. Joyce Street. No se necesita ninguna cita en ninguno de estos sitios de pruebas.

Los líderes del condado de Kleberg y la ciudad de Kingsville ahora están exigiendo a las empresas que hagan cumplir máscaras. Las empresas pueden encontrar los pedidos y la señalización en los sitios web de la ciudad y el condado. Las instalaciones del condado y de la ciudad permanecen abiertas al público y se requieren máscaras para la entrada. Los parques dirigidos por ambas entidades permanecen abiertos con restricciones de seguridad en su lugar.

Puede obtener la información más actualizada y precisa en la página oficial de Facebook del condado de Kleberg @KlebergCountyCC y la página oficial de Facebook de la ciudad de Kingsville.

Los medios de comunicación pueden dirigir consultas a Janine Reyes, Ciudad de Kingsville EOC PIO al (361) 455-5946.

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TEXAS
Health and Human
Services

Texas Department of State Health Services

John Hellerstedt, M.D.
Commissioner

PRESS RELEASE

Reference: COVID-19 Novel Coronavirus, Kleberg County

On June 23, 2020, Kleberg County received confirmation of three (3) additional COVID-19 cases.

- Case #30: Female in her 50's
- Case #31: Female in her 20's
- Case #32: Male in his 50's

The patients are currently isolated. DSHS is supporting Kleberg County in identifying any close contacts of the patient so they can be isolated and monitored for symptoms.

The Texas Department of State Health Services (DSHS) Public Health Region 11 is reminding the public that it is conducting contact investigation on persons who have tested positive to determine possible exposure to others. If the health department has not contacted you, there is no need to take any action at this time.

The Texas Department of State Health Services (DSHS) Public Health Region 11 and Kleberg County continue to work together against COVID-19. We are vigilant and reporting results for COVID-19 in the region. We are also working together to educate and promote social distancing and staying at home.

In order to share facts and not fear, we continue to emphasize the importance of prevention and there are simple steps everyone can take to help prevent spreading the virus:

- Wear a cloth face covering (over the nose and mouth)
- Practice social distancing by staying at least six feet away
- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use a 60% alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.
- Stay at home and stop the spread of coronavirus

The public can find up-to-date coronavirus information and what to do if you're sick, testing information at dshs.texas.gov/coronavirus

Sincerely,

Dr. Emilie Prot, DO, MPH
Regional Medical Director, Region 11
Department of State Health Services

Interim Guidance for Implementing Safety Practices for Critical Infrastructure Workers Who May Have Had Exposure to a Person with Suspected or Confirmed COVID-19

To ensure continuity of operations of essential functions, CDC advises that critical infrastructure workers may be permitted to continue work following potential exposure to COVID-19, provided they remain asymptomatic and additional precautions are implemented to protect them and the community.

A potential exposure means being a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19. The timeframe for having contact with an individual includes the period of time of 48 hours before the individual became symptomatic.

Critical Infrastructure workers who have had an exposure but remain asymptomatic should adhere to the following practices prior to and during their work shift:

- Pre-Screen: Employers should measure the employee's temperature and assess symptoms prior to them starting work. Ideally, temperature checks should happen before the individual enters the facility.
- Regular Monitoring: As long as the employee doesn't have a temperature or symptoms, they should self-monitor under the supervision of their employer's occupational health program.
- Wear a Mask: The employee should wear a face mask at all times while in the workplace for 14 days after last exposure. Employers can issue facemasks or can approve employees' supplied cloth face coverings in the event of shortages.
- Social Distance: The employee should maintain 6 feet and practice social distancing as work duties permit in the workplace.
- Disinfect and Clean work spaces: Clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment routinely.

If the employee becomes sick during the day, they should be sent home immediately. Surfaces in their workspace should be cleaned and disinfected. Information on persons who had contact with the ill employee during the time the employee had symptoms and 2 days prior to symptoms should be compiled. Others at the facility with close contact within 6 feet of the employee during this time would be considered exposed.

Employers should implement the recommendations in the Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 to help prevent and slow the spread of COVID-19 in the workplace. Additional information about identifying critical infrastructure during COVID-19 can be found on the DHS CISA website or the CDC's specific First Responder Guidance page.

INTERIM GUIDANCE

This interim guidance pertains to critical infrastructure workers, including personnel in 16 different sectors of work including:

- Federal, state, & local law enforcement
- 911 call center employees
- Fusion Center employees
- Hazardous material responders from government and the private sector
- Janitorial staff and other custodial staff
- Workers – including contracted vendors – in food and agriculture, critical manufacturing, informational technology, transportation, energy and government facilities

ADDITIONAL CONSIDERATIONS

- Employees should not share headsets or othe objects that are near mouth or nose.
- Employers should increase the frequency of cleaning commonly touched surfaces.
- Employees and employers should consider pilot testing the use of face masks to ensure they do not interfere with work assignments.
- Employers should work with facility maintenance staff to increase air exchanges in room.
- Employees should physically distance when they take breaks together. Stagger breaks anc don't congregate in the break room, and don' share food or utensils.

CDC CISA

GOVERNOR GREG ABBOTT

April 27, 2020

FILED IN THE OFFICE OF THE
SECRETARY OF STATE
1 PM O'CLOCK
APR 27 2020
Secretary of State

The Honorable Ruth R. Hughs
Secretary of State
State Capitol Room 1E.8
Austin, Texas 78701

Dear Secretary Hughs:

Pursuant to his powers as Governor of the State of Texas, Greg Abbott has issued the following:

> Executive Order No. GA-18 relating to the expanded reopening of services as part of the safe, strategic plan to Open Texas in response to the COVID-19 disaster.

The original executive order is attached to this letter of transmittal.

Respectfully submitted,

Gregory S. Davidson
Executive Clerk to the Governor

GSD/gsd

Attachment

Executive Order

BY THE
GOVERNOR OF THE STATE OF TEXAS

Executive Department
Austin, Texas
April 27, 2020

EXECUTIVE ORDER
GA 18

Relating to the expanded reopening of services as part of the safe, strategic plan to Open Texas in response to the COVID-19 disaster.

WHEREAS, I, Greg Abbott, Governor of Texas, issued a disaster proclamation on March 13, 2020, certifying under Section 418.014 of the Texas Government Code that the novel coronavirus (COVID-19) poses an imminent threat of disaster for all counties in the State of Texas; and

WHEREAS, on April 12, 2020, I issued a proclamation renewing the disaster declaration for all counties in Texas; and

WHEREAS, the Commissioner of the Texas Department of State Health Services (DSHS), Dr. John Hellerstedt, has determined that COVID-19 represents a public health disaster within the meaning of Chapter 81 of the Texas Health and Safety Code, and renewed that determination on April 17, 2020; and

WHEREAS, I have issued executive orders and suspensions of Texas laws in response to COVID-19, aimed at protecting the health and safety of Texans and ensuring an effective response to this disaster; and

WHEREAS, I issued Executive Order GA-08 on March 19, 2020, mandating certain obligations for Texans in accordance with the President's Coronavirus Guidelines for America, as promulgated by President Donald J. Trump and the Centers for Disease Control and Prevention (CDC) on March 16, 2020, which called upon Americans to take actions to slow the spread of COVID-19 for 15 days; and

WHEREAS, shortly before Executive Order GA-08 expired, I issued Executive Order GA-14 on March 31, 2020, based on the President's announcement that the restrictive social-distancing Guidelines should extend through April 30, 2020, in light of advice from Dr. Anthony Fauci and Dr. Deborah Birx, and also based on guidance by DSHS Commissioner Dr. Hellerstedt and Dr. Birx that the spread of COVID-19 can be reduced by minimizing social gatherings; and

WHEREAS, Executive Order GA-14 superseded Executive Order GA-08 and expanded the social-distancing restrictions and other obligations for Texans that are aimed at slowing the spread of COVID-19, including by limiting social gatherings and in-person contact with people (other than those in the same household) to providing or obtaining "essential services," and by expressly adopting federal guidance that provides a list of critical-infrastructure sectors, workers, and functions that should continue as "essential services" during the COVID-19 response; and

FILED IN THE OFFICE OF THE
SECRETARY OF STATE
1 PM O'CLOCK

APR 27 2020

WHEREAS, after more than two weeks of having in effect the heightened restrictions like those required by Executive Order GA-14, which have saved lives, it was clear that the disease still presented a serious threat across Texas that could persist in certain areas, but also that COVID-19 had wrought havoc on many Texas businesses and workers affected by the restrictions that were necessary to protect human life; and

WHEREAS, on April 17, 2020, I therefore issued Executive Order GA-17, creating the Governor's Strike Force to Open Texas to study and make recommendations on safely and strategically restarting and revitalizing all aspects of the Lone Star State—work, school, entertainment, and culture; and

WHEREAS, also on April 17, 2020, I issued Executive Order GA-16 to replace Executive Order GA-14, and while Executive Order GA-16 generally continued through April 30, 2020, the same social-distancing restrictions and other obligations for Texans according to federal guidelines, it offered a safe, strategic first step to Open Texas, including permitting retail pick-up and delivery services; and

WHEREAS, Executive Order GA-16 is set to expire at 11:59 p.m. on April 30, 2020; and

WHEREAS, Texas must continue to protect lives while restoring livelihoods, both of which can be achieved with the expert advice of medical professionals and business leaders; and

WHEREAS, the "governor is responsible for meeting … the dangers to the state and people presented by disasters" under Section 418.011 of the Texas Government Code, and the legislature has given the governor broad authority to fulfill that responsibility; and

WHEREAS, under Section 418.012, the "governor may issue executive orders … hav[ing] the force and effect of law;" and

WHEREAS, under Section 418.016(a), the "governor may suspend the provisions of any regulatory statute prescribing the procedures for conduct of state business … if strict compliance with the provisions … would in any way prevent, hinder, or delay necessary action in coping with a disaster;" and

WHEREAS, under Section 418.017(a), the "governor may use all available resources of state government and of political subdivisions that are reasonably necessary to cope with a disaster;" and

WHEREAS, under Section 418.018(c), the "governor may control ingress and egress to and from a disaster area and the movement of persons and the occupancy of premises in the area;" and

WHEREAS, under Section 418.173, failure to comply with any executive order issued during the COVID-19 disaster is an offense punishable by a fine not to exceed $1,000, confinement in jail for a term not to exceed 180 days, or both fine and confinement.

NOW, THEREFORE, I, Greg Abbott, Governor of Texas, by virtue of the power and authority vested in me by the Constitution and laws of the State of Texas, do hereby order the following on a statewide basis effective immediately, and continuing through May 15, 2020, subject to extension based on the status of COVID-19 in Texas and the

FILED IN THE OFFICE OF THE
SECRETARY OF STATE
1 PM O'CLOCK

APR 27 2020

recommendations of the Governor's Strike Force to Open Texas, the White House Coronavirus Task Force, and the CDC:

In accordance with guidance from DSHS Commissioner Dr. Hellerstedt, and to achieve the goals established by the President to reduce the spread of COVID-19, every person in Texas shall, except where necessary to provide or obtain essential services or reopened services, minimize social gatherings and minimize in-person contact with people who are not in the same household. People over the age of 65, however, are strongly encouraged to stay at home as much as possible; to maintain appropriate distance from any member of the household who has been out of the residence in the previous 14 days; and, if leaving the home, to implement social distancing and to practice good hygiene, environmental cleanliness, and sanitation.

"Essential services" shall consist of everything listed by the U.S. Department of Homeland Security (DHS) in its Guidance on the Essential Critical Infrastructure Workforce, Version 3.0 or any subsequent version, plus religious services conducted in churches, congregations, and houses of worship. Other essential services may be added to this list with the approval of the Texas Division of Emergency Management (TDEM). TDEM shall maintain an online list of essential services, as specified in this executive order and any approved additions. Requests for additions should be directed to TDEM at EssentialServices@tdem.texas.gov or by visiting the TDEM website at www.tdem.texas.gov/essentialservices.

"Reopened services" shall consist of the following to the extent they are not already "essential services:"

1. Retail services that may be provided through pickup, delivery by mail, or delivery to the customer's doorstep.
2. Starting at 12:01 a.m. on Friday, May 1, 2020:
   a) In-store retail services, for retail establishments that operate at up to 25 percent of the total listed occupancy of the retail establishment.
   b) Dine-in restaurant services, for restaurants that operate at up to 25 percent of the total listed occupancy of the restaurant; provided, however, that (a) this applies only to restaurants that have less than 51 percent of their gross receipts from the sale of alcoholic beverages and are therefore not required to post the 51 percent sign required by Texas law as determined by the Texas Alcoholic Beverage Commission, and (b) valet services are prohibited except for vehicles with placards or plates for disabled parking.
   c) Movie theaters that operate at up to 25 percent of the total listed occupancy of any individual theater for any screening.
   d) Shopping malls that operate at up to 25 percent of the total listed occupancy of the shopping mall; provided, however, that within shopping malls, the food-court dining areas, play areas, and interactive displays and settings must remain closed.
   e) Museums and libraries that operate at up to 25 percent of the total listed occupancy; provided, however, that (a) local public museums and local public libraries may so operate only if permitted by the local government, and (b) any components of museums or libraries that have interactive functions or exhibits, including child play areas, must remain closed.
   f) For Texas counties that have filed with DSHS, and are in compliance with, the requisite attestation form promulgated by DSHS regarding five or fewer cases of COVID-19, those in-store retail services, dine-in restaurant services, movie theaters, shopping malls, and museums and libraries, as otherwise defined and limited above, may operate at up to 50 percent (as opposed to 25 percent) of

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the total listed occupancy.

g) Services provided by an individual working alone in an office.
h) Golf course operations.
i) Local government operations, including county and municipal governmental operations relating to permitting, recordation, and document-filing services, as determined by the local government.
j) Such additional services as may be enumerated by future executive orders or proclamations by the governor.

The conditions and limitations set forth above for reopened services shall not apply to essential services. Notwithstanding anything herein to the contrary, the governor may by proclamation identify any county or counties in which reopened services are thereafter prohibited, in the governor's sole discretion, based on the governor's determination in consultation with medical professionals that only essential services should be permitted in the county, including based on factors such as an increase in the transmission of COVID-19 or in the amount of COVID-19-related hospitalizations or fatalities.

In providing or obtaining essential services or reopened services, people and businesses should follow the minimum standard health protocols recommended by DSHS, found at www.dshs.texas.gov/coronavirus, and should implement social distancing, work from home if possible, and practice good hygiene, environmental cleanliness, and sanitation. This includes also following, to the extent not inconsistent with the DSHS minimum standards, the Guidelines from the President and the CDC, as well as other CDC recommendations. Individuals are encouraged to wear appropriate face coverings, but no jurisdiction can impose a civil or criminal penalty for failure to wear a face covering.

Religious services should be conducted in accordance with the joint guidance issued and updated by the attorney general and governor.

People shall avoid visiting bars, gyms, public swimming pools, interactive amusement venues such as bowling alleys and video arcades, massage establishments, tattoo studios, piercing studios, or cosmetology salons. The use of drive-thru, pickup, or delivery options for food and drinks remains allowed and highly encouraged throughout the limited duration of this executive order.

This executive order does not prohibit people from accessing essential or reopened services or engaging in essential daily activities, such as going to the grocery store or gas station, providing or obtaining other essential or reopened services, visiting parks, hunting or fishing, or engaging in physical activity like jogging, bicycling, or other outdoor sports, so long as the necessary precautions are maintained to reduce the transmission of COVID-19 and to minimize in-person contact with people who are not in the same household.

In accordance with the Guidelines from the President and the CDC, people shall not visit nursing homes, state supported living centers, assisted living facilities, or long-term care facilities unless to provide critical assistance as determined through guidance from the Texas Health and Human Services Commission (HHSC). Nursing homes, state supported living centers, assisted living facilities, and long-term care facilities should follow infection control policies and practices set forth by the HHSC, including minimizing the movement of staff between facilities whenever possible.

In accordance with the Guidelines from the President and the CDC, schools shall remain temporarily closed to in-person classroom attendance by students and shall not

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recommence before the end of the 2019-2020 school year. Public education teachers and staff are encouraged to continue to work remotely from home if possible, but may return to schools to conduct remote video instruction, as well as perform administrative duties, under the strict terms required by the Texas Education Agency. Private schools and institutions of higher education should establish similar terms to allow teachers and staff to return to schools to conduct remote video instruction and perform administrative duties when it is not possible to do so remotely from home.

This executive order shall supersede any conflicting order issued by local officials in response to the COVID-19 disaster, but only to the extent that such a local order restricts essential services or reopened services allowed by this executive order, allows gatherings prohibited by this executive order, or expands the list of essential services or the list or scope of reopened services as set forth in this executive order. I hereby suspend Sections 418.1015(b) and 418.108 of the Texas Government Code, Chapter 81, Subchapter E of the Texas Health and Safety Code, and any other relevant statutes, to the extent necessary to ensure that local officials do not impose restrictions inconsistent with this executive order, provided that local officials may enforce this executive order as well as local restrictions that are consistent with this executive order.

This executive order supersedes Executive Order GA-16, but does not supersede Executive Orders GA-10, GA-11, GA-12, GA-13, GA-15, or GA-17. This executive order shall remain in effect and in full force until 11:59 p.m. on May 15, 2020, unless it is modified, amended, rescinded, or superseded by the governor.

Given under my hand this the 27th day of April, 2020.

GREG ABBOTT
Governor

ATTESTED BY:

RUTH R. HUGHS
Secretary of State

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APR 27 2020

H-E-B AND FAVOR DELIVERY EXPAND SERVICE TO MORE TEXANS

Texas-based on-demand delivery company brings contactless restaurant delivery service and H-E-B & Favor Senior Support Line program to Kingsville

H-E-B and Favor Delivery have expanded service to support even more Texans. With Texans relying on delivery now more than ever, Favor, the on-demand delivery service that H-E-B acquired in 2018, has expanded its services to Kingsville. Beginning today, Kingsville residents will be able to get contactless delivery from restaurants and stores, and seniors (60+) can use the H-E-B and Favor Senior Support Line to order groceries and essentials from their neighborhood H-E-B.

Launched last month, the H-E-B and Favor Senior Support Line is an effective social-distancing alternative that allows seniors to receive same-day, contactless deliveries from H-E-B, while remaining in the comfort and safety of their home. The program, which is now available in Kingsville, offers same-day home delivery to seniors from their local H-E-B. Seniors can place orders online via favordelivery.com/seniors from 11 a.m. to 7 p.m., seven days a week, or through a dedicated phone line—staffed by H-E-B and Favor volunteers—from 11 a.m.-3 p.m., seven days a week. Seniors can access the Senior Support Line at 1-833-397-0080. Residents also will be able to get contactless delivery from restaurants in Kingsville via the Favor app or favordelivery.com, seven days a week.

To keep this service affordable for those most in need, H-E-B and Favor are waiving delivery and service fees for the first 30 days of the program. Further helping Texans, orders will include a $10 tip, which goes entirely to the Favor Runner, who will personally shop and deliver items.

Since launching this program on March 20, the response from seniors and the community has been overwhelming—and unsurprisingly, Texans wanted to help make these deliveries even more affordable for seniors. At the request of customers, the Texas-born and -bred companies created the Senior Support Fund as a way for Texans to further ensure seniors have access to low-cost home delivery. To give to the Senior Support Fund, visit favordelivery.com/SeniorSupportFund or look for the option to give through the Favor app after completing your order. 100% of funds will be directly applied to seniors' orders to ensure they have low-cost access to home delivery.

With safety a top priority, Runners (Favor's delivery drivers) will place all deliveries at their customer's doorstep, providing a completely contactless delivery experience. Customers can text their Runner with any questions or special instructions, and they will receive a notification when their Favor has arrived at their door.

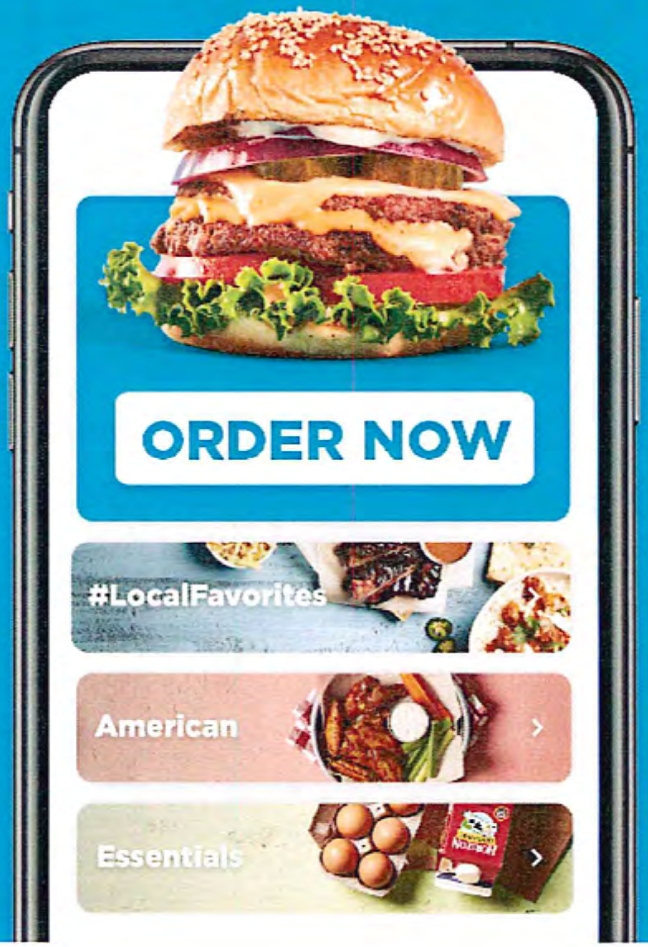
Favor is actively seeking Runners in enter city. As contract delivery drivers, Runners choose their own hours and can earn extra income (up to $18/hour) on a flexible schedule. Residents interested in becoming a Runner can visit apply.favordelivery.com.

FAVOR®

PART OF THE H-E-B FAMILY

Favor just launched in your neighborhood!

1. Download the Favor app
2. Browse thousands of restaurants and stores
3. Enjoy fast, friendly delivery



COVID 19 CORONAVIRUS DISEASE

What you need to know about coronavirus disease 2019 (COVID-19)

What is coronavirus disease 2019 (COVID-19)?

Coronavirus disease 2019 (COVID-19) is a respiratory illness that can spread from person to person. The virus that causes COVID-19 is a novel coronavirus that was first identified during an investigation into an outbreak in Wuhan, China.

Can people in the U.S. get COVID-19?

Yes. COVID-19 is spreading from person to person in parts of the United States. Risk of infection with COVID-19 is higher for people who are close contacts of someone known to have COVID-19, for example healthcare workers, or household members. Other people at higher risk for infection are those who live in or have recently been in an area with ongoing spread of COVID-19. Learn more about places with ongoing spread at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html#geographic.

Have there been cases of COVID-19 in the U.S.?

Yes. The first case of COVID-19 in the United States was reported on January 21, 2020. The current count of cases of COVID-19 in the United States is available on CDC's webpage at https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html.

How does COVID-19 spread?

The virus that causes COVID-19 probably emerged from an animal source, but is now spreading from person to person. The virus is thought to spread mainly between people who are in close contact with one another (within about 6 feet) through respiratory droplets produced when an infected person coughs or sneezes. It also may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads. Learn what is known about the spread of newly emerged coronaviruses at https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html.

What are the symptoms of COVID-19?

Patients with COVID-19 have had mild to severe respiratory illness with symptoms of

- fever
- cough
- shortness of breath

What are severe complications from this virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

How can I help protect myself?

People can help protect themselves from respiratory illness with everyday preventive actions.

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.

If you are sick, to keep from spreading respiratory illness to others, you should

- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

What should I do if I recently traveled from an area with ongoing spread of COVID-19?

If you have traveled from an affected area, there may be restrictions on your movements for up to 2 weeks. If you develop symptoms during that period (fever, cough, trouble breathing), seek medical advice. Call the office of your health care provider before you go, and tell them about your travel and your symptoms. They will give you instructions on how to get care without exposing other people to your illness. While sick, avoid contact with people, don't go out and delay any travel to reduce the possibility of spreading illness to others.

Is there a vaccine?

There is currently no vaccine to protect against COVID-19. The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.

Is there a treatment?

There is no specific antiviral treatment for COVID-19. People with COVID-19 can seek medical care to help relieve symptoms.

CDC

For more information: **www.cdc.gov/COVID19**

CS 314937-A 03/03/2020

COVID 19
ENFERMEDAD DEL CORONAVIRUS

Lo que necesita saber sobre la enfermedad del coronavirus 2019 (COVID-19)

¿Qué es la enfermedad del coronavirus 2019 (COVID-19)?

La enfermedad del coronavirus 2019 (COVID-19) es una afección respiratoria que se puede propagar de persona a persona. El virus que causa el COVID-19 es un nuevo coronavirus que se identificó por primera vez durante la investigación de un brote en Wuhan, China.

¿Pueden las personas en los EE. UU. contraer el COVID-19?

Sí. El COVID-19 se está propagando de persona a persona en partes de los Estados Unidos. El riesgo de infección con COVID-19 es mayor en las personas que son contactos cercanos de alguien que se sepa que tiene el COVID-19, por ejemplo, trabajadores del sector de la salud o miembros del hogar. Otras personas con un riesgo mayor de infección son las que viven o han estado recientemente en un área con propagación en curso del COVID-19.

¿Ha habido casos de COVID-19 en los EE. UU.?

Sí. El primer caso de COVID-19 en los Estados Unidos se notificó el 21 de enero del 2020. La cantidad actual de casos de COVID-19 en los Estados Unidos está disponible en la página web de los CDC en https://www.cdc.gov/coronavirus/2019-ncov/cases-in-us.html.

¿Cómo se propaga el COVID-19?

Es probable que el virus que causa el COVID-19 haya surgido de una fuente animal, pero ahora se está propagando de persona a persona. Se cree que el virus se propaga principalmente entre las personas que están en contacto cercano unas con otras (dentro de 6 pies de distancia), a través de las gotitas respiratorias que se producen cuando una persona infectada tose o estornuda. También podría ser posible que una persona contraiga el COVID-19 al tocar una superficie u objeto que tenga el virus y luego se toque la boca, la nariz o posiblemente los ojos, aunque no se cree que esta sea la principal forma en que se propaga el virus. Infórmese sobre lo que se sabe acerca de la propagación de los coronavirus de reciente aparición en https://www.cdc.gov/coronavirus/2019-ncov/about/transmission-sp.html.

¿Cuáles son los síntomas del COVID-19?

Los pacientes con COVID-19 han tenido enfermedad respiratoria de leve a grave con los siguientes síntomas:

- fiebre
- tos
- dificultad para respirar

¿Cuáles son las complicaciones graves provocadas por este virus?

Algunos pacientes presentan neumonía en ambos pulmones, insuficiencia de múltiples órganos y algunos han muerto.

¿Qué puedo hacer para ayudar a protegerme?

Las personas se pueden proteger de las enfermedades respiratorias tomando medidas preventivas cotidianas.

- Evite el contacto cercano con personas enfermas.
- Evite tocarse los ojos, la nariz y la boca con las manos sin lavar.
- Lávese frecuentemente las manos con agua y jabón por al menos 20 segundos. Use un desinfectante de manos que contenga al menos un 60 % de alcohol si no hay agua y jabón disponibles.

Si está enfermo, para prevenir la propagación de la enfermedad respiratoria a los demás, debería hacer lo siguiente:

- Quedarse en casa si está enfermo.
- Cubrirse la nariz y la boca con un pañuelo desechable al toser o estornudar y luego botarlo a la basura.
- Limpiar y desinfectar los objetos y las superficies que se tocan frecuentemente.

¿Qué debo hacer si he regresado recientemente de un viaje a un área con propagación en curso del COVID-19?

Si ha llegado de viaje proveniente de un área afectada, podrían indicarle que no salga de casa por hasta 2 semanas. Si presenta síntomas durante ese periodo (fiebre, tos, dificultad para respirar), consulte a un médico. Llame al consultorio de su proveedor de atención médica antes de ir y dígales sobre su viaje y sus síntomas. Ellos le darán instrucciones sobre cómo conseguir atención médica sin exponer a los demás a su enfermedad. Mientras esté enfermo, evite el contacto con otras personas, no salga y postergue cualquier viaje para reducir la posibilidad de propagar la enfermedad a los demás.

¿Hay alguna vacuna?

En la actualidad no existe una vacuna que proteja contra el COVID-19. La mejor manera de prevenir infecciones es tomar medidas preventivas cotidianas, como evitar el contacto cercano con personas enfermas y lavarse las manos con frecuencia.

¿Existe un tratamiento?

No hay un tratamiento antiviral específico para el COVID-19. Las personas con el COVID-19 pueden buscar atención médica para ayudar a aliviar los síntomas.

DEPARTMENT OF HEALTH & HUMAN SERVICES USA
CDC

Para obtener más información: **www.cdc.gov/COVID19-es**

CS 314937-I MLS 315740 03/06/2020

COVID 19 CORONAVIRUS DISEASE

What to do if you are sick with coronavirus disease 2019 (COVID-19)

If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See COVID-19 and Animals for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate. When working with your local health department check their available hours.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.

For more information: **www.cdc.gov/COVID19**

CS 314937-D 02/29/2020

COVID 19 ENFERMEDAD DEL CORONAVIRUS

Qué hacer si contrae la enfermedad del coronavirus 2019 (COVID-19)

Si usted está enfermo con COVID-19 o sospecha que está infectado por el virus que causa el COVID-19, tome las medidas mencionadas a continuación para ayudar a prevenir que la enfermedad se propague a personas en su casa y en la comunidad.

Quédese en casa, excepto para conseguir atención médica

Debe restringir las actividades fuera de su casa, excepto para conseguir atención médica. No vaya al trabajo, la escuela o a áreas públicas. Evite usar el servicio de transporte público, vehículos compartidos o taxis.

Manténgase alejado de otras personas y de los animales en su casa

Personas: en la medida de lo posible, permanezca en una habitación específica y lejos de las demás personas que estén en su casa. Además, debería usar un baño aparte, de ser posible.

Animales: mientras esté enfermo, no manipule ni toque mascotas ni otros animales. Consulte El COVID-19 y los animales para obtener más información.

Llame antes de ir al médico

Si tiene una cita médica, llame al proveedor de atención médica y dígale que tiene o que podría tener COVID-19. Esto ayudará a que en el consultorio del proveedor de atención médica se tomen medidas para evitar que otras personas se infecten o expongan.

Use una mascarilla

Usted debería usar una mascarilla cuando esté cerca de otras personas (p. ej., compartiendo una habitación o un vehículo) o de mascotas y antes de entrar al consultorio de un proveedor de atención médica. Si no puede usar una mascarilla (por ejemplo, porque le causa dificultad para respirar), las personas que vivan con usted no deberían permanecer con usted en la misma habitación, o deberían ponerse una mascarilla si entran a su habitación.

Cúbrase la nariz y la boca al toser y estornudar

Cúbrase la nariz y la boca con un pañuelo desechable al toser o estornudar. Bote los pañuelos desechables usados en un bote de basura con una bolsa de plástico adentro; lávese inmediatamente las manos con agua y jabón por al menos 20 segundos o límpieselas con un desinfectante de manos que contenga al menos 60 % de alcohol, cubra todas las superficies de las manos y fróteselas hasta que sienta que se secaron. Si tiene las manos visiblemente sucias, es preferible usar agua y jabón.

Evite compartir artículos del hogar de uso personal

No debe compartir platos, vasos, tazas, cubiertos, toallas o ropa de cama con otras personas o mascotas que estén en su casa. Después de usar estos artículos, se los debe lavar bien con agua y jabón.

Límpiese las manos con frecuencia

Lávese frecuentemente las manos con agua y jabón por al menos 20 segundos. Si no hay agua y jabón disponibles, límpieselas con un desinfectante de manos que contenga al menos un 60 % de alcohol, cubra todas las superficies de las manos y fróteselas hasta que sienta que se secaron. Si tiene las manos visiblemente sucias, es preferible usar agua y jabón. Evite tocarse los ojos, la nariz y la boca con las manos sin lavar.

Limpie todos los días todas las superficies de contacto frecuente

Las superficies de contacto frecuente incluyen los mesones, las mesas, las manijas de las puertas, las llaves y grifos del baño, los inodoros, los teléfonos, los teclados, las tabletas y las mesas de cama. Limpie también todas las superficies que puedan tener sangre, heces o líquidos corporales. Use un limpiador de uso doméstico, ya sea un rociador o una toallita, según las instrucciones de la etiqueta. Las etiquetas contienen instrucciones para el uso seguro y eficaz de los productos de limpieza, incluidas las precauciones que debería tomar cuando aplique el producto, como usar guantes y asegurarse de tener buena ventilación mientras lo esté usando.

Vigile sus síntomas

Busque atención médica rápidamente si su enfermedad empeora (p. ej., si tiene dificultad para respirar). Antes de hacerlo, llame a su proveedor de atención médica y dígale que tiene COVID-19, o que está siendo evaluado para determinar si lo tiene. Póngase una mascarilla antes de entrar al consultorio. Estas medidas ayudarán a que en el consultorio del proveedor de atención médica se pueda evitar la infección o exposición de las otras personas que estén en el consultorio o la sala de espera.

Pídale a su proveedor de atención médica que llame al departamento de salud local o estatal. Las personas que estén bajo monitoreo activo o automonitoreo facilitado deben seguir las indicaciones provistas por los profesionales de salud ocupacional o de su departamento de salud local, según corresponda.

Si tiene una emergencia médica o necesita llamar al 911, avísele al personal del centro de llamadas que tiene COVID-19 o lo están evaluando para determinarlo. De ser posible, póngase una mascarilla antes de que llegue el servicio médico de emergencias.

Interrupción del aislamiento en la casa

Los pacientes con COVID-19 confirmado deben permanecer bajo precauciones de aislamiento en la casa hasta que el riesgo de transmisión secundaria a otras personas se considere bajo. La decisión de interrumpir las precauciones de aislamiento en la casa debe tomarse según cada caso en particular, en consulta con proveedores de atención médica y departamentos de salud estatales y locales.

Para obtener más información: **www.cdc.gov/COVID19-es**

CS 314937-J 03/06/2020

COVID-19: What to Do

Wash hands often for 20 seconds and encourage others to do the same.

If no soap and water available, use hand sanitizer with at least **60% alcohol**.

Cover coughs and sneezes with a tissue, then throw the tissue away.

Avoid touching your eyes, nose, and mouth with unwashed hands.

Disinfect surfaces, buttons, handles, knobs and other places touched often.

Avoid close contact with people who are sick.

Symptoms of COVID -19 may show up 2-14 days after exposure and may include fever, cough and shortness of breath. If you are in generally good health and have a mild illness, stay home and take care of yourself like you would for the flu. If symptoms worsen, call your doctor.

If you are 65 years or older and/or have other medical problems like heart disease, lung disease, diabetes, high blood pressure or cancer – and have fever or symptoms - call your doctor. If you are not sick enough to be hospitalized, you can recover at home.

COVID-19
CORONAVIRUS DISEASE 2019

TEXAS Health and Human Services | Texas Department of State Health Services

updated 03/10/20 3:17 pm

For updates and more information, visit dshs.texas.gov/coronavirus

COVID-19: Lo que hay que hacer

Lávese frecuentemente las manos durante 20 segundos y anime a los demás a hacer lo mismo.

Si no dispone de agua y jabón, use un desinfectante de manos con al menos un **60% de alcohol.**

Cúbrase la boca al toser y estornudar con pañuelos de papel y luego tire los pañuelos a la basura.

Evite tocarse los ojos, la nariz y la boca sin antes lavarse las manos.

Desinfecte superficies, botones, manijas y otros lugares que se tocan con frecuencia.

Evite el contacto cercano con personas enfermas.

Los síntomas de COVID-19 pueden aparecer de 2 a 14 días después de haber estado expuesto a la enfermedad y pueden incluir fiebre, tos y falta de aliento. Si su salud es normalmente buena y se siente moderadamente enfermo, quédese en casa y cuídese de la misma manera en que lo haría si tuviera la gripe. Si los síntomas empeoran, llame a su médico.

Si es mayor de 65 años o tiene problemas médicos como una enfermedad cardiaca o pulmonar, diabetes, presión arterial alta o cáncer –y tiene fiebre o síntomas–, llame a su médico. Si no está lo suficientemente enfermo como para ser hospitalizado, podrá recuperarse en casa.

COVID-19
CORONAVIRUS DISEASE 2019

TEXAS Health and Human Services | Texas Department of State Health Services

updated 03/10/20 4:25 pm

Para ver la información más reciente, visite: https://dshs.texas.gov/coronavirus-sp/